UPPER-INTERMEDIATE ECA EXAM TASK TYPES
2020-2021 ACADEMIC YEAR

READING

TASK:
Read the text below and answer the questions that follow by choosing A, B, C, D or E.

1. What is the main idea of paragraph 2?
   A Preparing balanced meals is a challenge.
   B Too much yang can cause heart burn.
   C Meals that balance yin and yang can improve health.
   D Balanced meals are not always satisfying.
   E Yin is the dominant force in meal preparation.

2. What is the author’s purpose in the article?
   A to compare how to cultures find balance in food
   B to explain why the French do not like fast-food
   C to describe the concepts of healthy eating
   D to explain Chinese way of healthy cooking
   E to show the different cultures and eating habits

3. What is the most common vegetable used in Chinese cooking?
   A carrots
   B cabbage
   C cucumbers
   D zucchini
   E cauliflower

4. It can be inferred from paragraph 4 that Chinese people stay away from food which includes…
   A a lot of salt
   B hot spices
   C animal fat
   D white meat
   E alcohol

5. Circle the option that best matches the meaning of the word “demanding” in paragraph 2.
   A difficult
   B expensive
   C harmful
   D relaxing
   E satisfying
6. The author’s attitude towards eating fast-food is…

A neutral  
B critical  
C confused  
D supportive  
E optimistic

7. In paragraph 5 the word “it” refers to…

A Chinese food  
B Fast food  
C Home-made food  
D French food  
E Japanese food

8. Which of the following sentences can best fit into the blank in paragraph 7?

A French meals always have seven courses.  
B The French prefer to eat small portions of food.  
C French meals taste better with wine.  
D The French mostly eat their meals at cafes.  
E French cuisine has undergone many changes.

LISTENING

TASK:

You are going to listen to a lecture/interview on the lecture topic. As you listen, take notes under the headings provided. After the lecture/interview has finished, you will be given questions to answer using your notes. Your notes will not be marked. You will hear the lecture/interview once only.

That is the end of the listening. Now answer the questions.

1. How many cans of coke are consumed worldwide in a day?

A 1.7 billion  
B 7.1 billion  
C 70 million  
D 17 million  
E 71 million

2. The author’s attitude towards eating fast-food is…

A neutral.  
B critical.  
C confused.  
D supportive.  
E optimistic.
3. It can be inferred from the last part of the lecture that French politicians prefer to make decisions...

A based on research.
B talking to the public.
C after much discussion.
D combined with other decisions.
E before an election

4. What is the most common vegetable used in Chinese cooking?

A carrots  
B cabbage  
C cucumbers  
D zucchini  
E cauliflower

**LANGUAGE**

**TASK:** Fill in the blanks in the following passage. Use only ONE word in each blank.

Acupuncture treats the whole person - the body, the mind, and the spirit - therefore, _____(1)____ can be helpful in the treatment of all conditions. In addition to its widespread use in the relief _____(2)____ pain, acupuncture has been used to treat a variety of illnesses...

**TASK:** Read the text below and fill in the blanks in the text using the words in the box. Use each word once only. Do not change the form of the word. There are four extra words.

<table>
<thead>
<tr>
<th>sports</th>
<th>improve</th>
<th>depend</th>
<th>revision</th>
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</thead>
</table>

There are many ways to _____(1)____ yourself as a student. One way of doing this is to do a regular _____(2)____ everyday by going over your class notes...
**TASK:** Fill in the blanks with the correct form of the word at the end of each line. Spelling mistakes will be penalised.

<p>| | |</p>
<table>
<thead>
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| He was not a good student so he was _____(1)_____ most of the time at school. Therefore, he had to _____(2)_____ most of his assignments which were given by his teachers. | (1) SUCCESSFUL  
(2) WRITE |

**WRITING**

**TASK:**

People should make more of an effort to manage their time and plan their lives. What is your opinion?

Write an essay of about **250** words